Effect of Carbon Matrix Dimensions on the Electrochemical Properties of Na$_3$V$_2$(PO$_4$)$_3$ Nanograins for High-Performance Symmetric Sodium-Ion Batteries

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The urgent demands for developing a sustainable and “green” environment requires the establishment of efficient and low-cost energy storage systems, which will be one of the great challenges in the 21st century and has already attracted extensive attention in our daily life. Evolution of various energy storage technologies, lithium-ion batteries play a dominant role in portable electronic devices and have become the prime candidate to power the next generation electric vehicles and plug-in hybrid electric vehicles. Undoubtedly wide-scale implementation of renewable energy will require growth in the production of inexpensive and efficient energy storage systems. However, the increasing demand for lithium (Li) supplies will bring about a steep rise in the Li resources price and consumption in the foreseeable future because the use of lithium-ion batteries has expanded to large-scale applications.

Sodium (Na) is located below Li in the periodic table and shares similar physical and chemical properties with Li in many aspects, thus sodium can be a promising candidate for substituting lithium in rechargeable batteries. Additionally, sodium is optimistically abundant in nature (ranking fourth among the most abundant elements in the Earth crust) and fairly low in cost. All the advantages of sodium support the exploration of sodium-based rechargeable batteries, viz. sodium-ion batteries. Furthermore, many materials as well as design processes currently applied for lithium-ion batteries can also be used in the sodium-ion batteries. And obviously, the sodium-ion batteries explore a new and important direction for energy storage systems.

Despite the numerous advantages of sodium-ion batteries, there still are challenges, for example, in the search for suitable electrode materials for sodium-ion batteries. Because of the larger ionic radius of Na$^+$ (0.98 Å) in comparison to that of Li$^+$ (0.69 Å), the diffusion coefficient of Na$^+$ intercalation into the electrode is more impeditive. Besides, the larger Na$^+$ ions will surely result in severe structure degradation of electrode materials during the intercalation/deintercalation process. Therefore, the requirements of long cycle life and high rate capability of sodium-ion batteries in energy storage applications should be satisfied. Na$_3$V$_2$(PO$_4$)$_3$ (NVP) is a promising candidate for sodium-ion battery electrodes because it is a typical NASICON (Na super-ionic conductor) type compound. The two independent Na$^+$ cations are partially occupied and located by calcination is described, which can be applied in large-scale production and has great potential in manifold applications. As anode simultaneously, Na$_3$V$_2$(PO$_4$)$_3$ dispersed in different carbon matrices in sodium half cells are compared, demonstrating that Na$_3$V$_2$(PO$_4$)$_3$ dispersed in the AC nanospheres has the best sodium-ion battery performance (approximately 100% of the theoretical capacity at 0.5 C and 96.4% capacity retention at 5 C after 200 cycles), while in the CNT matrix the performance is moderate, and in the graphite nanosheets the performance is inferior. Furthermore,
A high-performance symmetric sodium-ion battery that exploits the unique electrode characteristics is assembled and the battery offers excellent performance, which has never been reported before. The symmetric battery can be cycled at a 10 C rate with minor decays in capacity when recovered, and it has an unusual cycling stability: exceeding 200 cycles at a 1 C rate with no substantial losses in capacity delivery. The performances of Na$_3$V$_2$(PO$_4$)$_3$ nanograins in different matrices from 0D to 3D nanostructures are also compared in symmetric full sodium-ion batteries, and the performance shows the same trends as in sodium half batteries.

Figure 1a–c depict the X-ray diffraction patterns (XRD) of the as-synthesized Na$_3$V$_2$(PO$_4$)$_3$ nanograins dispersed in different carbon matrices. The characteristic peaks of different samples can be readily indexed to a well-defined NASICON structure in a $P2_1/n$ space group (monoclinic unit cell) with $a = 8.566$ Å and $b = 12.053$ Å. These values correspond well with the existing values in literatures.$^{[45,54]}$ The morphologies of Na$_3$V$_2$(PO$_4$)$_3$/AC, Na$_3$V$_2$(PO$_4$)$_3$/CNT and Na$_3$V$_2$(PO$_4$)$_3$/graphite are characterized by field-emission scanning electron microscopic (FESEM) images in Figure 1d–f with regular shapes and a narrow size distribution, respectively. The morphologies of Na$_3$V$_2$(PO$_4$)$_3$/AC, Na$_3$V$_2$(PO$_4$)$_3$/CNT and Na$_3$V$_2$(PO$_4$)$_3$/graphite are similar to their carbon matrices when compared with the SEM images of the corresponding carbon matrices in Figure S1. This phenomenon is attributed to the fact that the carbon sources act as templates in synthesis process to control the morphology. Figure 1g–i are the schematic illustrations of our as-synthesized Na$_3$V$_2$(PO$_4$)$_3$ nanograins in different carbon networks. The carbon templates form conductive networks for electron transport, thus promoting the conductivity of Na$_3$V$_2$(PO$_4$)$_3$. Energy dispersive X-ray spectrometry (EDS) mapping analyses of different samples (Figure S2a-c) unambiguously confirm that Na$_3$V$_2$(PO$_4$)$_3$ nanograins are homogeneously dispersed in AC, CNT and graphite networks, resulting in improved electrical conductivity. The carbon amount in each sample is determined by element analysis, and the carbon contents are 8.46%, 8.37%, and 8.54% for Na$_3$V$_2$(PO$_4$)$_3$/AC, Na$_3$V$_2$(PO$_4$)$_3$/CNT and Na$_3$V$_2$(PO$_4$)$_3$/graphite, respectively. This indicates that the carbon contents in the three samples are almost same. Nitrogen sorption isotherms were generated to investigate the Brunauer–Emmet–Teller (BET) surface area of the samples (Figure S3). The Na$_3$V$_2$(PO$_4$)$_3$/AC has the largest BET surface area, which is about 25 m$^2$ g$^{-1}$. The surface area of the Na$_3$V$_2$(PO$_4$)$_3$/CNT is less, about 12 m$^2$ g$^{-1}$. And the Na$_3$V$_2$(PO$_4$)$_3$/graphite has the smallest surface area, which is only 4 m$^2$ g$^{-1}$. This result shows that Na$_3$V$_2$(PO$_4$)$_3$/AC has the largest contact area with the electrolyte during cycling.

Transmission electron microscopy (TEM) was utilized to characterize the morphologies and obtain detailed structures of the products. Figure 2a indicates that the Na$_3$V$_2$(PO$_4$)$_3$ nanograins are well dispersed in AC nanospheres, which have a physical morphology of finely divided pellets and form a 3D conductive network. Figure 2b is a high-resolution (HR) TEM image of Na$_3$V$_2$(PO$_4$)$_3$/AC, in which Na$_3$V$_2$(PO$_4$)$_3$ nanograins with a diameter of ~5 nm. The lattice fringes of Na$_3$V$_2$(PO$_4$)$_3$ are clear, indicating its high crystallinity. The morphology of AC particles is sphere-like and surround the Na$_3$V$_2$(PO$_4$)$_3$ nanograins, and the lattice fringes of AC can also be detected and the interface between Na$_3$V$_2$(PO$_4$)$_3$ and AC can be easily observed. For the symmetric battery.

Figure 1. XRD patterns, SEM images and schematic illustrations of Na$_3$V$_2$(PO$_4$)$_3$/AC (a,d,g), Na$_3$V$_2$(PO$_4$)$_3$/CNT (b,e,h) and Na$_3$V$_2$(PO$_4$)$_3$/graphite (c,f,i), respectively.
Na$_3$V$_2$(PO$_4$)$_3$/CNT, the Na$_3$V$_2$(PO$_4$)$_3$ nanograins are dispersed on the CNT, as indicated in Figure 2c. Combined with the EDS mapping in Figure S2b, it can be deduced that the Na$_3$V$_2$(PO$_4$)$_3$ are uniformly dispersed in the CNT matrix. The HRTEM image of Na$_3$V$_2$(PO$_4$)$_3$/CNT (Figure 2d) shows clear lattice fringes of Na$_3$V$_2$(PO$_4$)$_3$ and CNT, the width of 4.3 and 3.5 Å between neighboring lattice fringes of Na$_3$V$_2$(PO$_4$)$_3$ correspond to the (002) and (031) planes of Na$_3$V$_2$(PO$_4$)$_3$, respectively. The lattice fringes of Na$_3$V$_2$(PO$_4$)$_3$ nanograins confirm the pure crystalline phase of these nanoparticles. The TEM and HRTEM images (Figure 2e and 2f) of Na$_3$V$_2$(PO$_4$)$_3$/graphite show that the Na$_3$V$_2$(PO$_4$)$_3$ nanograins are distributed in the graphite nanosheets, and the particle sizes of the nanograins are ~5 nm with good crystallinity. The graphite nanosheets are
two-dimensional and the boundaries between the Na$_3$V$_2$(PO$_4$)$_3$ nanograins and graphite are clearly observed. The size of Na$_3$V$_2$(PO$_4$)$_3$ nanograins in different carbon matrices are all maintained at 5 nm and it is remarkable that the structures are kept well-defined nanosized morphology through the calcinations at 800 °C. The lattice fringes of different carbonaceous materials can also be observed in the corresponding HRTEM images, indicating that all the carbon matrices are crystallized. The spacings of the carbon matrices are nearly 3.3 Å, well consistent with the previous reported crystalline carbon interlayer spacing (3.35 Å). It can be seen that in all the TEM images of Na$_3$V$_2$(PO$_4$)$_3$/AC, Na$_3$V$_2$(PO$_4$)$_3$/CNT and Na$_3$V$_2$(PO$_4$)$_3$/graphite, the Na$_3$V$_2$(PO$_4$)$_3$ nanograins are intimately interconnected by carbon bridges. The carbon bridges act as electron pathways that electrically interconnect the Na$_3$V$_2$(PO$_4$)$_3$ nanograins, ultimately providing the electrode with a very high conductivity. Also the Na$^+$ ion diffusion lengths are reduced by the nanoscale diameter of Na$_3$V$_2$(PO$_4$)$_3$, thus offering excellent kinetics for Na$^+$ intercalation/deintercalation process.

The electrochemical performance of Na$_3$V$_2$(PO$_4$)$_3$/AC, Na$_3$V$_2$(PO$_4$)$_3$/CNT and Na$_3$V$_2$(PO$_4$)$_3$/graphite were characterized by using CR2025 coin cells with sodium metal as the counter electrode. The discharge voltage of carbonaceous materials is below 1.0 V, therefore the reversible capacity of carbon in the composites is negligible. The redox couple properties of the Na$_3$V$_2$(PO$_4$)$_3$/AC, Na$_3$V$_2$(PO$_4$)$_3$/CNT and Na$_3$V$_2$(PO$_4$)$_3$/graphite cathodes are demonstrated by cyclic voltammetry (CV) curves in Figure 3a for the initial cycle at a scan rate of 0.1 mV s$^{-1}$ in a voltage range of 2.3 to 3.9 V vs. Na/Na$^+$. It is obvious that Na$_3$V$_2$(PO$_4$)$_3$/AC has larger curve area and higher redox peak current than other samples, indicating that Na$_3$V$_2$(PO$_4$)$_3$/AC has the highest capacity and the fastest kinetics for Na$^+$ ion insertion/extraction. Each sample has an oxidation peak and a reduction peak as shown in Figure 3a. The oxidation (Na extraction) and reduction (Na insertion) peaks are located near 3.3 and 3.5 V. The average voltage is 3.4 V vs. Na/Na$^+$, which is close to the equilibrium voltage of V$^{4+}$/V$^{3+}$ (Na$_{1+x}$V$_2$(PO$_4$)$_3$, 0 $\leq$ x $\leq$ 2) redox couple in our as-synthesized materials. There exist peak shifts in the Na$_3$V$_2$(PO$_4$)$_3$/CNT and Na$_3$V$_2$(PO$_4$)$_3$/graphite samples: the oxidation peak moves to higher potential and the reduction peak moves to lower potential, resulting in the larger potential difference. This may be attributed to the lower kinetics

Figure 3. Electrochemical characterizations of Na$_3$V$_2$(PO$_4$)$_3$/AC, Na$_3$V$_2$(PO$_4$)$_3$/CNT and Na$_3$V$_2$(PO$_4$)$_3$/graphite cathodes in sodium half cells. (a) Cyclic voltammograms at a scan rate of 0.1 mV s$^{-1}$ in a voltage range of 2.3–3.9 V; (b) Alternating-current impedance plots of the three samples from 0.01 Hz to 100 kHz; (c) Cycling performance of the three samples cycled at 5 C in 2.3–3.9 V for 200 cycles; (d) Rate performance at various current rates from 0.5 C to 5 C, respectively.
of the two samples, thus leading to electrode polarization during cycling. The peak area of Na$_3$V$_2$(PO$_4$)$_3$/AC is the largest, indicating Na$_3$V$_2$(PO$_4$)$_3$/AC with the largest electrochemical surface area has the best performance of the electrodes. The discharge profiles of the samples at the rate of 1 C (1 C corresponds to 117.6 mA g$^{-1}$) over a potential window of 2.3 to 3.9 V are presented in Figure S4. It can be clearly seen that all the samples have a flat discharge voltage plateau around 3.3 V, corresponding well with the reduction peaks in the CV curve. This is identified as the phase transition process of the extraction of Na$_3$V$_2$(PO$_4$)$_3$/graphite cathodes decrease to 97.0, 56.3 and 65.1% of their initial capacity, respectively. It can be found that the sodium diffusion coefficient of Na$_3$V$_2$(PO$_4$)$_3$/graphite possesses the highest value, indicating the fastest Na$^+$ ions transport in Na$_3$V$_2$(PO$_4$)$_3$/AC. The calculated sodium diffusion coefficient values for Na$_3$V$_2$(PO$_4$)$_3$/AC is 108.9 mA h g$^{-1}$, higher than 94.8 and 67.1 mA h g$^{-1}$ for Na$_3$V$_2$(PO$_4$)$_3$/CNT and Na$_3$V$_2$(PO$_4$)$_3$/graphite, respectively. Electrochemical impedance spectroscopic (EIS) measurements were carried out in order to compare the conductivity and diffusion ability of the as-synthesized Na$_3$V$_2$(PO$_4$)$_3$/AC, Na$_3$V$_2$(PO$_4$)$_3$/CNT and Na$_3$V$_2$(PO$_4$)$_3$/graphite electrodes (Figure 3b). The entire Nyquist plots exhibit a semicircle in the high-frequency region and a straight line in the low-frequency region. The semicircle is ascribed to the Na$^+$ ion migration through the interface between the surface layer of the particles and the electrolyte. By comparing the charge-transfer resistance ($R_{ct}$), it is found that the $R_{ct}$ of Na$_3$V$_2$(PO$_4$)$_3$/graphite is the highest, followed by Na$_3$V$_2$(PO$_4$)$_3$/CNT, and Na$_3$V$_2$(PO$_4$)$_3$/AC has the lowest resistance. This may be ascribed to the much larger carbon matrix size of graphite and the inhomogeneity of Na$_3$V$_2$(PO$_4$)$_3$ particle size in graphite matrix as indicated in Figure 1f and 2f. The straight line is attributed to the diffusion of sodium ions in the bulk of the electrode material, and the diffusion coefficient value ($D$) of the sodium ions can be calculated using the equation $D = 0.5 \times (RT/AF \sigma w C)^2$, where $R$ is the gas constant, $T$ is the temperature, $A$ is the area of the electrode surface, $F$ is the Faraday’s constant, $\sigma_w$ is the Warburg factor, and $C$ is the molar concentration of Na$^+$ ions.[56] The calculated sodium diffusion coefficient values for Na$_3$V$_2$(PO$_4$)$_3$/AC, Na$_3$V$_2$(PO$_4$)$_3$/CNT and Na$_3$V$_2$(PO$_4$)$_3$/graphite are $1.51 \times 10^{-12}$, $1.38 \times 10^{-12}$ and $1.26 \times 10^{-12}$ cm$^2$ s$^{-1}$, respectively. It can be found that the sodium diffusion coefficient of Na$_3$V$_2$(PO$_4$)$_3$/AC possesses the highest value, indicating the fastest Na$^+$ ions transport in Na$_3$V$_2$(PO$_4$)$_3$/AC.

It can be concluded from the above electrochemical analyses that the Na$_3$V$_2$(PO$_4$)$_3$/AC has the best electrochemical performance, and this is subsequently verified. The cyclic performances of the Na$_3$V$_2$(PO$_4$)$_3$/AC, Na$_3$V$_2$(PO$_4$)$_3$/CNT and Na$_3$V$_2$(PO$_4$)$_3$/graphite electrodes in 2.3 to 3.9 V at 5 C are demonstrated in Figure 3c. The initial discharge capacity of Na$_3$V$_2$(PO$_4$)$_3$/AC cathode is up to 100.6 mA h g$^{-1}$, closer to the theoretical capacity than the other two samples. This value is much higher than 86.2 mA h g$^{-1}$ for Na$_3$V$_2$(PO$_4$)$_3$/CNT and 62.6 mA h g$^{-1}$ for Na$_3$V$_2$(PO$_4$)$_3$/graphite. After 200 cycles, the capacities of Na$_3$V$_2$(PO$_4$)$_3$/AC, Na$_3$V$_2$(PO$_4$)$_3$/CNT and Na$_3$V$_2$(PO$_4$)$_3$/graphite cathodes decrease to 97.0, 56.3 and 40.8 mA h g$^{-1}$, corresponding to the capacity retention of 96.4%, 65.3% and 65.1% of their initial capacity, respectively. It is of great significance that the Na$_3$V$_2$(PO$_4$)$_3$/AC possesses almost no capacity fading during cycling, compares well with the commercial lithium-ion batteries and exceeds most of the other rechargeable batteries. For further evaluation of the advantages of the Na$_3$V$_2$(PO$_4$)$_3$/AC cathode, rate performance at progressively increased current densities (ranging from 0.5 C to 5 C) was measured (Figure 3d). The initial discharge capacity of Na$_3$V$_2$(PO$_4$)$_3$/AC at 0.5 C is 117.5 mA h g$^{-1}$ in the initial stage, approximately 100% of the theoretical capacity of Na$_3$V$_2$(PO$_4$)$_3$. Note that the formation of a polymeric gel-like film, the decomposition of the electrolyte solution or the possibly interfacial lithium storage may contribute slightly to the initial capacity.[57] This is further testified by the discharge profile of Na$_3$V$_2$(PO$_4$)$_3$/AC at the rate of 0.1 C as indicated in Figure S5. The discharge capacity is 119.6 mA h g$^{-1}$, slightly larger than the theoretical value of Na$_3$V$_2$(PO$_4$)$_3$ (117.6 mA h g$^{-1}$). The discharge potential shown in Figure S5 is around 3.35 V, corresponding well with the Na$_3$V$_2$(PO$_4$)$_3$, in previously reported literature.[51,58] The discharge capacities of 105.1, 101.1 and 97.0 mA h g$^{-1}$ are obtained at 1 C, 2 C and 5 C for Na$_3$V$_2$(PO$_4$)$_3$/AC, respectively. The performance of Na$_3$V$_2$(PO$_4$)$_3$/AC at 5 C is much better than that of Na$_3$V$_2$(PO$_4$)$_3$/CNT and Na$_3$V$_2$(PO$_4$)$_3$/graphite at the same rate, which are only 79.8 and 51.7 mA h g$^{-1}$, respectively. Even suffering from rapid changes of the current densities, the Na$_3$V$_2$(PO$_4$)$_3$/AC electrode exhibits stable capacity at each current. Note that the capacity decay at a current rate of 5 C is slower than that at 0.5 C. This phenomenon may be attributed to the severe degradation, partial dissolution of electrode materials in electrolyte, larger metallic sodium consumption and more side reactions at initial cycles under lower current rates.[54,51,52] When the current is turned back to 1 C, about 99.3% of the capacity is recovered and there is no obvious capacity loss (only 3.0%) after the subsequent 60 cycles. This rate performance investigation indicates the excellent structural stability and rate capability of Na$_3$V$_2$(PO$_4$)$_3$ nanograins in AC matrix.

It is reported that Na$_3$V$_2$(PO$_4$)$_3$ has electrochemical activity at a lower voltage.[51,53] The CV curve of Na$_3$V$_2$(PO$_4$)$_3$/AC for the initial cycle at a scanning rate of 0.1 mV s$^{-1}$ in a voltage range of 1.3 to 2.0 V vs. Na/Na$^+$ is shown in Figure S6. Two peaks corresponding to V$^{3+}$/V$^{2+}$ redox couple could be observed, and the average voltage is 1.65 V, and this property endows Na$_3$V$_2$(PO$_4$)$_3$ a candidate to perform as anode. Taking advantage of the big voltage difference between the plateaus, a symmetric cell using Na$_3$V$_2$(PO$_4$)$_3$/AC as both negative and positive electrodes can be designed.[53] As expected from the respective voltages at 3.40 and 1.65 V, the combination of Na$_3$V$_2$(PO$_4$)$_3$/AC as both cathode and anode gives rise to a battery operating around 1.75 V. Therefore a symmetric sodium-ion battery with structure as NVP $||$ NaClO$_4$/EC + DMC $||$ NVP was assembled as shown in Figure S7. Figure S8a shows the CV curve of the symmetric cell at a scan rate of 0.1 mV s$^{-1}$ in the potential range of 1.0 to 3.0 V. Two peaks located at 1.80 and 1.70 V are observed, and the average voltage is 1.75 V, matching well with the expectation. The corresponding voltage profiles of the charge-discharge curves at 1 C of the symmetric battery are shown in Figure S8b (the battery is cathode limited). The discharge capacity and charge capacity are 99.2 and 104.2 mA h g$^{-1}$, respectively, with an initial coulombic efficiency of 95.2%. The reactions in the symmetric battery can be described as follows:

\[
\text{(Anode)} \rightarrow \text{Na}_3\text{V}_2\text{PO}_4^{x^-} + x\text{Na}^+ \\
+ x\text{e}^- \leftrightarrow \text{Na}_3\text{V}_2\text{PO}_4^{x^-} + x\text{Na}^+ \\
\text{(PO}_4^{3-})
\]
Rate capability measurement was firstly used to evaluate the symmetric battery performance. As shown in Figure 4a, the symmetric batteries with Na$_3$V$_2$(PO$_4$)$_3$/AC, Na$_3$V$_2$(PO$_4$)$_3$/CNT and Na$_3$V$_2$(PO$_4$)$_3$/graphite as both electrodes were cycled from 0.5 C to 1 C (58.8 mA g$^{-1}$ to 1176 mA g$^{-1}$) in the potential range of 1.0 to 3.0 V. The symmetric battery using Na$_3$V$_2$(PO$_4$)$_3$/AC electrodes delivers 100.9 mAh g$^{-1}$ at 0.5 C based on the cathode weight, significantly larger than 77.9 mAh g$^{-1}$ for Na$_3$V$_2$(PO$_4$)$_3$/CNT and 37.1 mAh g$^{-1}$ for Na$_3$V$_2$(PO$_4$)$_3$/graphite. The symmetric battery also shows excellent cyclic stability and the discharge capacity is 94.1, 78.5, 69.4, 60.6 and 54.6 mAh g$^{-1}$ at 1 C, 2 C, 3 C, 4 C, and 5 C, respectively. Even at much higher rate of 10 C, the discharge capacity is 42.2 mAh g$^{-1}$, and nearly 42% of the initial capacity can be retained. This value of Na$_3$V$_2$(PO$_4$)$_3$/AC at 10 C is 2.3 times higher than that of Na$_3$V$_2$(PO$_4$)$_3$/CNT and 5.3 times higher than that of Na$_3$V$_2$(PO$_4$)$_3$/graphite in symmetric sodium-ion batteries under the same rate, respectively, which is significantly advantageous. Remarkably, when the current density is recovered to 1 C, 94.4% of the capacity can be maintained for Na$_3$V$_2$(PO$_4$)$_3$/AC symmetric battery, demonstrating its excellent battery stability. The superior long life of the symmetric batteries was further investigated by testing the same symmetric battery at 1 C for 200 cycles. As shown in Figure 4b, the Na$_3$V$_2$(PO$_4$)$_3$/AC delivers the highest capacity and that of Na$_3$V$_2$(PO$_4$)$_3$/graphite is the lowest. The capacity retention of Na$_3$V$_2$(PO$_4$)$_3$/AC symmetric battery is approximately 80% after 200 cycles, which has
never been reported before. The specific energy and specific power of Na$_3$V$_2$(PO$_4$)$_3$/AC, Na$_3$V$_2$(PO$_4$)$_3$/CNT and Na$_3$V$_2$(PO$_4$)$_3$/graphite are shown in the Ragone plot (Figure 4c), respectively. The specific energy and specific power was calculated on the basis of the cathode. The Na$_3$V$_2$(PO$_4$)$_3$/AC exhibits the highest specific energy of 185.5 Wh kg$^{-1}$ at 1 C, and remarkably, it can deliver a specific power of ~5000 W kg$^{-1}$. This shows that our symmetric battery has a comparable specific power and energy density, and can be a promising candidate for energy storage systems with both high-power and high-energy densities. The energy efficiency of the Na$_3$V$_2$(PO$_4$)$_3$/AC symmetric sodium-ion battery is ~75% at 1 C (Figure 4d), which is better than those of Na$_3$V$_2$(PO$_4$)$_3$/CNT and Na$_3$V$_2$(PO$_4$)$_3$/graphite, and higher than ~70% of redox-flow batteries.\cite{56} At the rate of 10 C, the energy efficiency can significantly maintain at ~50%. It can be expected that the application of the symmetric batteries will demonstrate great potential in the development of energy storage systems due to the several advantages such as improved safety, long preservation, ability of charging in both directions, and low cost because of the utilization of the same material for the cathode and the anode.

Note that the Na$_3$V$_2$(PO$_4$)$_3$/AC material delivers the best electrochemical performance in all the battery measurements. It can be concluded that this phenomenon can be attributed to the morphology of the different carbon materials.\cite{56} Firstly, it is clear from the BET surface area measurements that Na$_3$V$_2$(PO$_4$)$_3$/AC exhibits the largest surface area. The large surface area enables Na$_3$V$_2$(PO$_4$)$_3$/AC more contact area with the electrolyte, and this can facilitate electrochemical reactions and efficient penetration of the electrolyte into the active materials, endowing Na$_3$V$_2$(PO$_4$)$_3$/AC with reduced Na$^+$ ion diffusion length, thus resulting in improved electrochemical kinetics. The sodium diffusion coefficient values calculated from EIS measurements also exhibit that the Na$_3$V$_2$(PO$_4$)$_3$/AC sample has the best Na$^+$ ion diffusion ability. Besides, according to the diffusion formula \( t = L^2/D \) (where \( t \) is the diffusion time, \( L \) is the diffusion length and \( D \) is the diffusion constant), the shorter diffusion length will provide shorter diffusion time, leading to better electrochemical property. As the size of the AC nanospheres is only several tens of nanometers (Figure S1a), the Na$^+$ ions can diffuse through the carbon matrix and intercalate into the Na$_3$V$_2$(PO$_4$)$_3$/AC via relatively shorter pathways in all directions, viz. the Na$^+$ ion intercalation pathways are three-dimensional in Na$_3$V$_2$(PO$_4$)$_3$/AC. While for Na$_3$V$_2$(PO$_4$)$_3$/CNT and Na$_3$V$_2$(PO$_4$)$_3$/graphite, the diffusion distances are much longer due to the larger size and more dimensions of carbon matrices and less contact areas with the electrolyte. This means that the diffusion length in the AC is the shortest, thus providing Na$_3$V$_2$(PO$_4$)$_3$/AC the fastest Na$^+$ ion diffusion and the best performance. In addition, as it is identified that the active material Na$_3$V$_2$(PO$_4$)$_3$ is dispersed in the carbon matrix from TEM images, the carbon matrices perform as conductive network for the electron transport. It can be seen from the SEM images that the carbon network formed from AC appears to favor better particle connectivity because the morphology of AC is finely divided pellets, while for CNT network and graphite nanosheet matrix, the intersection points or contact areas between the particles are much less than those in AC matrix. The high surface-to-volume ratio and more connections of Na$_3$V$_2$(PO$_4$)$_3$/AC ensures continuous pathways for electrons and better contact with electrolyte, hence improve the electronic conductivities and contribute to rate performance. This can be certified from the EIS measurement that the charge-transfer resistance of Na$_3$V$_2$(PO$_4$)$_3$/AC is much smaller than that of Na$_3$V$_2$(PO$_4$)$_3$/CNT and Na$_3$V$_2$(PO$_4$)$_3$/graphite. The shorter intercalation distance for Na$^+$ ions and better conductive pathways for electrons in the AC enable the higher sodium flux across the interface, and the best electrochemical performance can be achieved. Additionally, the AC spheres provide the robustness and buffers the stress and strain related to the particle volume expansion/contraction during the sodium intercalation/deintercalation, which are necessary to maintain the structure integrity as well as the cycling stability of Na$_3$V$_2$(PO$_4$)$_3$/AC.

In conclusion, NASICON-type Na$_3$V$_2$(PO$_4$)$_3$ nanograins dispersed in different carbon matrices were successfully synthesized via a facile method. Their performance in sodium half cells was compared and the mechanism of sodium diffusion pathways in different carbon matrix dimensions was investigated for the first time. Na$_3$V$_2$(PO$_4$)$_3$ nanograins dispersed in AC show the best electrochemical properties, thus making them a promising candidate for sodium-ion batteries. This material exhibits a discharge capacity of 117.5 mAh g$^{-1}$ at 0.5 C in the initial stage, approximately 100% of the theoretical capacity of Na$_3$V$_2$(PO$_4$)$_3$ and a very stable cycling performance of 96.4% capacity retention at a 5 C rate over 200 cycles. Our as-synthesized material can be assembled into symmetric sodium-ion batteries, and Na$_3$V$_2$(PO$_4$)$_3$/AC in the symmetric batteries exhibits excellent performance of 80% capacity retention after 200 cycles at 1 C, and can tolerate a very high current rate of 10 C. This superior performance may be attributed to the 3D sodium intercalation/deintercalation pathways and electron transport, which provides a significantly easier sodium path and better conductivity compared with Na$_3$V$_2$(PO$_4$)$_3$/CNT and Na$_3$V$_2$(PO$_4$)$_3$/graphite. Moreover, the 3D carbon framework provides the robustness for the structure during cycling, thus endows this material with excellent cycling performance. Owing to the simple synthesis of the high-performance Na$_3$V$_2$(PO$_4$)$_3$/carbon material, it is expected to be used in a wide range of applications in next-generation rechargeable batteries. The demonstrated symmetric sodium-ion battery performance with improved safety, longer lifetime, ability of charging in both directions, and lower cost due to utilizing the same material for both the cathode and the anode will also provide many opportunities to outclass other competitor systems for operation in the fields of energy storage and transportation.

**Experimental Section**

**Synthesis:** NH$_4$VO$_3$, H$_3$PO$_4$ and Na$_2$CO$_3$ were analytical grade reagents, graphite was chemically pure and they were all purchased from the Sinopharm Chemical Reagent Co., Ltd. (Shanghai, China). Carbon nanotubes were chemically pure and purchased from Xianfeng Nano Inc. (Nanjing, China). Acetylene Black was chemically pure and purchased from Shanghai Chemical Reagent Co., Ltd. (Shanghai, China). All chemicals were used directly without any further treatment. NH$_4$VO$_3$, H$_3$PO$_4$, Na$_2$CO$_3$ and acetylene carbon were used as starting materials and NH$_4$VO$_3$, H$_3$PO$_4$, Na$_2$CO$_3$ were in a molar ratio of 2:3:1.5. Firstly, H$_3$PO$_4$ was slowly introduced into the NH$_4$VO$_3$ solution dropwise under
magnetic stirring. When a brownish-red solution was formed, Na2CO3, and acetylene carbon were added into the solution and stirred for 20 min. The mixture was continuously stirred at 70 °C for 7 h to form a homogeneous suspension. Then, the solution was dried at 70 °C in air oven and pre-heated at 300 °C for 4 h in Ar atmosphere. Finally, the pre-heated material was ground and sintered at 800 °C for 8 h under Ar flow to yield NaV3(PO4)2/CNT and NaV3(PO4)2/graphite, the acetylene carbon was replaced by CNTs and graphite, respectively.

Characterization: X-ray diffraction (XRD) measurement was performed to investigate the crystallographic information using a Bruker D8 Advance X-ray diffractometer with a non-monochromated Cu Kα X-ray source. Scanning electron microscopic (SEM) images and energy dispersive X-ray spectra (EDS) were collected with a JEOL JSM-7100F SEM/EDS microscope at an acceleration voltage of 15 kV. Transmission electron microscopic (TEM) and high resolution transmission electron microscopic (HRTEM) images were recorded with a JEOL JEM-2100F STEM/EDS microscope. The element analyses were performed by a Elementar Vario EL cube elemental analyzer. Brunauer-Emmett-Teller surface area was measured using TriStar II 3020 instrument by adsorption of nitrogen at 77 K.

Electrochemical characterization: The electrochemical properties were measured with 2025 coin cells assembled in a glove box filled with pure argon gas. In sodium half cells, sodium metal was used as the anode, a 1 M solution of NaClO4 in ethylene carbonate (EC)-dimethyl carbonate (DMC) (1:2 w/w) was used as the electrolyte, and Whatman Glass Microfiber Filter (Grade GF/F) was used as separator. The cathode electrodes were produced with 70% NaV3(PO4)2/C composites active material, 20% carbon black and 10% poly(tetrafluoroethylene), the active material content in the electrode was around 3.0 mg. Galvanostatic charge-discharge measurement was performed in the potential range of 2.3 to 3.9 V vs. Na/Na+ with a multi-channel battery testing system (LAND CT2001A). Cyclic voltammetry (CV) and electrochemical impedance spectra (EIS) were measured by an electrochemical workstation (Autolab). Scanning electron microscopic (SEM) images and energy dispersive X-ray spectra (EDS) were collected with a JEOL JSM-7100F SEM/EDS microscope. The element analyses were performed by a Elementar Vario EL cube elemental analyzer. Brunauer-Emmett-Teller surface area was measured using TriStar II 3020 instrument by adsorption of nitrogen at 77 K.

Acknowledgements
This work was supported by the the International Science & Technology Cooperation Program of China (2013DFA50840), the National Basic Research Program of China (2011CB934103, 2012CB933003), National Natural Science Foundation of China (51072153, 51272197) and the Fundamental Research Funds for the Central Universities (2012yb-02, 2013-YI028, 2013-ZD7). Thanks to Prof. Dongyuan Zhao of Fudan University for his kind supervision, stimulating discussion and strong support. Thanks to Prof. C. M. Lieber of Harvard University and Dr. Jun Liu of Pacific Northwest National Laboratory for strong support and stimulating discussion.

Supporting Information
Supporting Information is available from the Wiley Online Library or from the author.

Received: November 6, 2013
Revised: January 17, 2014
Published online: March 14, 2014